

# WELLNESS

## Journey to Wellness Patient & Family Education Week

October 25 - 29, 2010

Please join us for special "open house" events for patients, families, and caregivers to support your Journey to Wellness.

Come to any of our free lectures and information sessions. Topics include diabetes, cancer, nutrition, bone diseases, physical therapy, quitting smoking, using the Internet to find health information, communicating with your doctor, finding support services, understanding your legal rights, and much more.

Monday, October 25  
9 a.m. - 5 p.m.  
Patient and Family Resource Center  
530 First Avenue, Room 103

Tuesday, October 26  
12 noon - 2 p.m.  
NYU Clinical Cancer Center  
160 East 34th Street, 11th Floor

Wednesday, October 27  
11 a.m. - 3 p.m.  
Alumni Hall, 550 First Avenue

Thursday, October 28  
11 a.m. - 2:30 p.m.  
The Stephen D. Hassenfeld Children's Center  
for Cancer & Blood Disorders  
160 East 32nd Street, Medical Level

Thursday, October 28  
1 p.m. - 6 p.m.  
NYU Hospital for Joint Diseases  
301 E. 17th Street

Friday, October 29  
11 a.m. - 2 p.m.  
Rusk Pavilion, Ground Floor

Call 212-263-6962 for more information.

Education

Prevention

Diagnosis

Treatment

Recovery